South Yorkshire Opportunities

St Luke's Hospice, Sheffield



About St Luke's:

What we do

We care for people aged 18 and above throughout Sheffield who have incurable illnesses.

We aim to control their symptoms, alleviate pain, and give them the best possible quality of life – all free of charge.

St Luke Hospice Website: www.stlukeshospice.org.uk/

Volunteer Opportunities:

There are a number of events and activities that DWP volunteers can get involved with both in work time (under Community 10,000) and in their own time. The current list of events and activities is below:

Title	Location	Date	Group size	Description
The Big Shop Sort	Crookes charity shop	Ongoing	Up to 8	A good team building day – sorting donations for sale in the shop or distribution to other shops
Hello, how are you?	Own office or at St Luke's	Ongoing	Up to 3	Stewardship phone calls for events. Encouraging people to raise funds, checking receipt of invitations/information etc
Dig, Dig, Dig	St Luke's Hospice	From Summer 2014 onwards (when phase 2 of the building work is complete)	Max 15	The gardens can be accessed by our patients and visitors and need constant upkeep. A great team working experience out in the open

Bob the Builders	St Luke's Hospice	From Summer 2014 onwards (when phase 2 of the building work is complete)	Max 15	The older part of the building needs general maintenance. Windows need painting, fences need sanding and there are always jobs to complete for a hard working hands on team
St Luke's loves a runner	Don Valley Stadium	TBC	Up to 50	Volunteers will be needed for a variety of roles in this fulfilling team building day. Please help us with goody bags, t-shirt distribution, collectors and marshal duties



About the Cathedral Archer Project:

The Cathedral Archer Project (CAP) is a day centre that supports the homeless and vulnerable in Sheffield. It was founded in 1990 as a breakfast project. In 2007 CAP moved into purpose built premises in the heart of the city centre at Sheffield Cathedral.

CAP works with the homeless and vulnerable in Sheffield to help them find pathways away from homelessness and exclusion. Homelessness can include sleeping rough, occasional hostel spaces, camping on friends' floors and sofas, and squatting. The majority of our client base is made up of street drinkers, alcoholics and drug users of varying levels. Many are not registered with a local GP and rely on the prescribing nurse at CAP for their medical support.

If you want to know more, please take a look at their website: <u>http://archerproject.org.uk</u>

Volunteer Opportunities

Opportunities are for teams or groups of individuals, and include assisting at events, such as Christmas Parties, and preparing food parcels for their clients.

Addison Day Centre, Maltby near Rotherham



About the Day Centre:

Addison Day Centre is open to people with learning and physical disabilities, mental health issues and the elderly. The Centre has a Brambles gardening project, which enables all aspects of horticulture and crafts and preemployability skills..

Volunteer opportunities

The Centre is looking for volunteers to help out on the Brambles gardening project. They are trying to make an exercise path for people with learning and physical disabilities. They are also building raised beds to grow vegetables, herbs extra and there is a lot of general grounds work to be done.

Ideally the Centre would like a large group of volunteers to go and blitz the garden area so the people who use the day centre can start to use it and benefit health-wise. If a large group isn't available to blitz the garden, then smaller groups would still be welcome to help get the garden sorted; it would just take a little longer.

Fable



About fable:

Fable provides help and assistance to anyone directly or indirectly affected by Epilepsy.

For more information please go to their website: www.fable.org.uk

Volunteer opportunities

fable can offer opportunities to help in their charity shops, which are located in and around Sheffield.

They can also offer the opportunity to help the charity team with a variety of admin (office based) tasks.



About Macmillan:

Macmillan Cancer Support improves the lives of people affected by cancer. We provide practical, medical and financial support and push for better cancer care. Cancer affects us all. We can all help. We are Macmillan.

If you want to know more visit the Macmillan website: www.macmillan.org.uk

Volunteer Opportunities:

There are a number of events organised throughout the year where DWP volunteers can help both in work time (under Community 10,000) and in their own time. Events TBC.

Nurture by Nature Project, Sheffield



About the project:

The Nurture by Nature project is a community allotment project based in Sheffield and provides an opportunity for young women and their children to take part in individual and group environmental and creative activities, which aim to reduce the stigma of mental health, empower service users and improve physical and mental well being. The allotment is run by Young Women's Housing Project.

Volunteering opportunities

Opportunities are for teams or groups of individuals of up to 10 people and will involve the development and maintenance of the project's allotment. It may be possible for more people to be onsite depending on what tasks require completing, whether there are enough tools/gloves and that there are enough people available (either someone from DWP or additional project staff) to oversee volunteers. For team days it is not essential for all DWP volunteers to have a CRB, however they will be asked to fill in a short form with basic information such as name, contact number etc. This information will remain confidential within the project.

It may also be possible to offer opportunities for small groups of volunteers to assist with jobs at the project's 'safe house'. These tasks are likely to be gardening or painting.

Bluebell Wood Children's Hospice



About Bluebell Wood:

Bluebell Wood Children's Hospice offers care and support to children with a shortened life expectancy, both in their own homes and at their hospice in North Anston.

If you want to know more please visit their website: www.bluebellwood.org

Volunteer Opportunities:

Various volunteering opportunities are available and include:

Charity shops – for individual volunteers – in Sheffield, Doncaster, Rotherham, Dinnington, Wombwell, Hellaby (furniture)

Opportunities for teams or groups of individuals are of a practical nature, including painting/decorating and gardening.

SAGE GREENFINGERS, SHEFFIELD



About SAGE Greenfingers:

SAGE stands for Support Arts Gardening Education. We promote the mental and physical well-being of adults experiencing mental health problems via the provision of creative therapeutic activities. Our largest project is SAGE Greenfingers, a horticultural therapy project based on Grimesthorpe allotments in Burngreave in inner-city Sheffield. We also run other therapeutic projects such as singing workshops, art and craft sessions and food growing courses.

If you want to know more, their website is at:

Sage Greenfingers Sheffield: www.sagesheffield.org.uk

Volunteer Opportunities

Opportunities are mainly for teams or groups of individuals coming together as a team, and are of an outdoor, practical nature; usually gardening-type tasks.

Friends of Porter Valley, Sheffield



About Friends of Porter Valley

The Friends of the Porter Valley is a conservation group concerned mainly with the area of parks, woodlands, and farmland of the valley which is in the south-west of Sheffield. The group was set up in July 1994 and became a registered charity in 1995, and their purpose is to preserve and enhance the natural and historical characteristics of the Porter Valley, between Hunters Bar and Porter Clough.

If you want to know more, visit the Friends of Porter Valley website: www.fopv.org.uk/

Volunteering opportunities

- 27 May up at Common Lane Open Space
- 12 June and 24 June at Forge Dam again

ESCAL, SHEFFIELD



About ESCAL:

ESCAL is the City Wide Literacy Strategy ensuring that 'Every Sheffield Child is Articulate and Literate by the age of 11'. ESCAL acts as an umbrella for a range of services, projects, initiatives and strategies already being delivered to parents and young children across the city.

If you want to know more about ESCAL, this link will take you through to their website:

www.sheffield.gov.uk/escalweb

Volunteering opportunities

ESCAL Volunteers support children within Sheffield Primary Schools who are either struggling with their reading or require additional support with their verbal communication. To become an ESCAL Volunteer you will not be required to have any teaching experience. As long as you have a passion for talking, reading and helping children the opportunity is open to all. You will be given full training and guidance from a trained coordinator in school, which will prepare you fully for your work with a child/children.

There are two types of volunteers required – Reading and Talk. Reading volunteers would commit to one hour per week for 10 weeks, and Talk volunteers would commit to half an hour per week for 6 weeks.

CRB checks – which are free of charge – are required for these roles.

THE CHILDREN'S HOSPITAL CHARITY, SHEFFIELD



About The Children's Hospital:

The Children's Hospital in Sheffield is part of Sheffield Children's NHS Foundation Trust. The Trust is one of only four dedicated children's NHS trusts in the UK providing integrated, highly specialist health care for children and young people.

All of the work of The Children's Hospital Charity is focused on keeping the hospital at the forefront of paediatric care and bringing real benefits to all of our young patients who need the specialist services of The Children's Hospital.

The charity was established in 1976 initially to fund research into child health looking at how childhood sickness could be alleviated. Since then, the aims of the charity have grown alongside the aspirations of the hospital itself.

If you want to know more about the Hospital, their website is at:

The Children's Hospital Charity: www.tchc.org.uk

Volunteer Opportunities:

The ongoing opportunity for individual volunteers is helping in the charity office at the hospital with a range of administration tasks.

There are also events throughout the year where volunteer help is needed; details will be provided here when known.

The Charity is also happy to arrange volunteering days which meet both the requirements of the volunteers and the needs of the Charity.

Hesley Wood Scout Activity Centre, Sheffield



About Hesley Wood:

Hesley Wood Activity Centre has a vast array of activities on site, ideally situated for visits to local attractions, or access to the Peak District, Pennines and even Yorkshire Moors

If you want to know more about the Centre, this link will take you through to their website:

http://www.syscouts.org.uk/hesley/index.htmlweb

Volunteering opportunities

Hesley Wood offers opportunities for individuals and groups.

For individuals who have an IT or design flair, they would like some help with their website redesign and producing publicity material.

For groups there is always some painting to do in the many buildings on site, and weather permitting there is also plenty of woodland clearance to do.

Leonard Cheshire Home in Totley, Sheffield



About the Leonard Cheshire home in Totley:

Mickley Hall in Totley, Sheffield is one of the Leonard Cheshire Disability homes. It provides a home for 38 people with a wide range of disabilities such as multiple sclerosis (MS), motor neurone disease, Huntington disease, cerebral palsy and stroke. Many of the residents face a wide range of barriers including communication, learning difficulties and mobility impairments, and many need intensive and specialist support including help with basic activities such as dressing, eating and bathing etc.

Leonard Cheshire Disability provides services for over 21,000 disabled people in the UK and works in 52 countries. Their flexible range of services is designed to support people with many different kinds of disability, enabling them to get the most out of life.

If you want to know more about Leonard Cheshire Disability, their website is at:

http://www.lcdisability.org/web

Volunteer Opportunities

There are a variety of opportunities which are usually for teams of volunteers. These can be anything from practical tasks e.g. painting and decorating or gardening, to helping arrange and manage 'special days' e.g. DWP volunteers cook a meal for residents, to selling items on behalf of the home in the local market.

St Wilfrid's Centre, Sheffield



About St Wilfrid's Centre:

"When I first came here I had nowhere to stay. I got a cup of tea, help to find accommodation. I think more of myself now and I've got my life back on track."

Wealth and poverty co-exist everywhere but in Sheffield the contrast is stark – St Wilfrid's, which is on Queens Road near the city centre, provides help and support to the homeless, vulnerable and socially excluded particularly those who are unable, for many reasons, to access statutory provision.

St Wilfrid's works with clients who often have multiple and high support needs which can include homelessness, addiction, mental health issues, learning disabilities and social exclusion.

If you want to know more about St Wilfrid's, their website is at:

http://www.stwilfridscentre.org/web

Volunteer Opportunities

Opportunities are usually for teams of volunteers and are of a practical nature e.g painting and decorating or gardening on the allotment. For volunteers doing tasks in the centre there is often the opportunity to spend some time with St Wilfrid's service users. This would include talking with them and getting involved in the day to day activities in the centre.

Sheffield City Council: Parks & Countryside



About Parks & Countryside:

Community involvement in the regeneration of green spaces has been shown to be of key importance in effectively tackling issues common in urban green spaces such as vandalism, dereliction of land and wasted space, under-use of community spaces, fear of crime, and in developing a sense of community ownership.

The Community Partnerships Team at Parks & Countryside are always looking for volunteers who can offer their time or skills to actively work to improve Sheffield's parks and green spaces.

If you want to know more about Parks & Countryside, their website is at:

http://www.sheffield.gov.uk/out--about/parks-woodlands-countryside/gettinginvolved/volunteeringweb

Volunteer Opportunities

The opportunities vary but are always outdoor based, and the Rangers have arranged a number of activities in and around Sheffield parks and countryside. The Rangers normally suggest teams of up to 8 people, which is a good working group for conservation activities and construction/woodland management, but they can arrange days for smaller and larger teams. All of the tasks are designed as one day experiences and fit in with the Rangers' normal duties. Mosaic



About Mosaic:

Mosaic inspires young people from deprived communities to realise their talents and potential.

Founded by HRH the Prince of Wales in 2007, Mosaic's mentoring programmes create opportunities for young people growing up in our most deprived communities. Our programmes are delivered by volunteers, and lift the aspirations of young people and close the gap between those aspirations and their attainment. By linking young people with inspirational role models in this way, we boost their confidence, self-efficacy and long-term employability.

Mosaic is an initiative of Business in the Community (BITC), part of the family of charities overseen by The Prince's Charities, the largest multi-cause charitable enterprise in the United Kingdom.

Volunteering opportunities

Mosaic have two on-going mentoring programmes with primary and secondary school students in Leeds, Bradford, Keighley and <u>Rotherham</u>:

- The primary school programme is with mothers and daughters (must be female volunteers) and with families (can be male or female volunteers). This requires a commitment of 1 hour per week for 8 weeks. Pre-mentoring training of 3 hours is mandatory.
- The secondary school programme is group mentoring with a ratio of 1 mentor to 5 or 6 students. The commitment is 7 x 1 hour sessions across the academic year, and is open to male and female volunteers. Pre-mentoring training of 3 hours is mandatory.
- Mosaic also offers a once-a-year Enterprise Challenge opportunity which is a national competition linking business mentors with students for a total of 6 hours.

This takes the form of an online business simulation challenge, and the top five teams go forward to the finals.

Currently Mosaic are looking for 45 mentors for the Enterprise Challenge and, while mentors from all locations are welcome to put forward an expression of interest, they are particularly looking for 5 or 6 mentors from the Hull area.

Training takes place in November/December and the mentoring begins in January/February.

CRB checks are required for all mentoring programmes but are completed and paid for by Mosaic.