

# Are you aged between 18 - 49? Will you take up the Civil Service Challenge?

Sponsored by



**4 Infantry Brigade  
(HQ NE)**

**What?** A one day 'Tri-Service' (Army, Navy & RAF) insight course. Promoting Reserve Careers and offering you the opportunity to **'Have a GO!'**

**Why?**...Develop leadership skills, improve self-confidence, enhance communication skills, test your determination and ability to work with others as part of an effective team. All these skills can be applied in the workplace.

**When?**... on 4 Feb **OR** 3 Mar **OR** 26 May 2016

**Who?**...Although the event is challenging, you don't need to be young or super fit, just willing to test yourself, to go outside your comfort zone, with a can-do attitude.

**Where?**... RAF LEEMING, Yorkshire.

**What Next?**...Express interest to your Armed Forces Champion to request your information pack, complete attendance forms, and put the date in your diary!

*An interesting and well structured day. Team work definitely a strong take-away from the day*

*What other's have said about the experience*

*An eye opening experience. Both challenging and rewarding.*

