## What kind of Animal are you?

Which letter did you score the most points for in the 'Which words Describe You' quiz?

H = Horse, O= Owl, L= Lion, M= Monkey
If you have very similar scores across a few different animals then you are likely to be more of a mix in terms of personality and characteristics.

This is not a labelling exercise - there are no right or wrong answers or 'better' animals to be! This is simply a tool to help you recognise how people in your team prefer to work and to try to use this to maximise the team's performance.


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| Horses | Monkeys |
| Are nurturing creatures, seek harmony in relationships and situations. Steady, calm and supportive, they work slowly and steadily. They are team players, actively | Expressive and highly creative, the monkey constantly seeks and embraces new ideas. Its enthusiasm and originality means it often provides |
| listening to the opinions of others. Horses | "out of the box" solutions to problems. |
| tend to be passive in nature, preferring to avoid confrontation, disagreement and | Monkeys are sociable, communicative, spontaneous and receptive to change. |
| conflict. They resist change, preferring consistency and a stable environment. | They thrive on appreciation, variety and an environment where they have the |
| They have an abundant reserve of compassion and patience for others and are loyal friends. | power to interact and innovate. They don't enjoy detail, being more at home with abstract ideas, and get easily bored. |
| Potential Strengths: Supportive, patient and loyal | Potential Strengths: Stimulating, innovative and sociable |
| Potential Weaknesses: submissive, reserved and avoids conflict and confrontation | Potential Weaknesses: Inconsistent, impatient, lacking attention to detail |

